

Light Fixtures

- Replace any blown bulbs
- Wipe off light fixtures, fans, and bulbs. Make sure the bulbs are off and cool when wiping.

Tops of Cabinets

- If your cabinets stop short of the ceiling like mine, the tops are prone to collecting dust. Remove all items.
- I use Press 'n Seal on the tops and you can just change it out when it gets dirty. If you don't have that, using a hand-held vacuum or duster, dry dust the tops of the cabinets. Dust items as you put them away.
- Vacuum or dust down any cobwebs.

Cabinets and Counter Tops

- Working from the top down, wipe down all cupboard doors, knobs, backsplash, and counters. I find that using a toothbrush to get into the corners of cabinets works very well.
- Wipe down and place items back onto the counter.

Walls and Doors

- Working from the top down and one side of the room to the other, wipe down walls, trim, doors, light switches, and baseboards if you have them.
- Touch-up Paint on trim and walls

Sink and Disposal

- Wipe down the kitchen sink and around the edges with a toothbrush.
- To fight odor-causing residues in the drain and disposal, I use a product such as affresh® disposal cleaner.
 - TURN ON hot water to a low flow. PLACE 1 tablet in the disposal. TURN ON disposal for 15-30 seconds. Foam may rise. TURN OFF disposal. RINSE away foam and any residue down the drain.

Garbage Can

- Pull out the trash can and empty. Clean bin thoroughly inside and out. If your garbage can is inside a cabinet, clean out the cabinet as well.

Appliances

- To clean the microwave, add a bowl of hot water and microwave for 2 minutes. Allow the steam to sit in the closed microwave for a few more minutes to make it easier to wipe.
- Vacuum out the back of the refrigerator, where the coils are as directed with your unit.
- Clean oven.
- Clean Dishwasher.

Food Storage

- Clean out the refrigerator shelf by shelf. Toss any expired food and wipe shelves and drawers thoroughly.
- If you have a pantry or food cupboard, remove all food items. Throw out any expired food or items you no longer intend to use. Wipe off shelves and wash mats if you have them.

Windows

- Remove and wash any window treatments as necessary.
- Dust and wipe down blinds.
- Clean glass inside and out. Clean window tracks as well.

Flooring

- Sweep and mop the floor as needed.
- For a truly deep clean, consider moving the fridge and dishwasher or at least getting underneath it.
- Shake out or vacuum area rugs and wash if necessary.