



DEEP CLEANING KITCHEN CHECKLIST

Light Fixtures

- Replace any blown bulbs
- Wipe off light fixtures, fans, and bulbs.

Tops of Cabinets

- Wipe the tops of cabinets.
- Dust items as you put them back
- Vacuum or dust down any cobwebs on top of walls
- Dust any open shelves you may have

Cabinets and Counter Tops

- Working from the top down, wipe down all cupboard doors and knobs.
- Remove items and wipe down countertops and backsplash
- Wipe down and place items back onto the counter.
- Wipe fronts and sides of base cabinets.
- Wipe out cabinets and drawers.
- Check inventory of cupboards and replace any broken or chipped dishes, if wanted.

Walls and Doors

- Wipe down walls, trim, doors, light switches, and baseboards if you have them.
- Touch-up Paint on trim and walls.

Sink and Disposal

- Wipe down the kitchen sink and around the edges with a toothbrush.
- Check and replace supplies as needed (sponges, mitts, drying mats, etc)
- Clean drain and disposal.

Stove

- Wipe the stove surface and burners.
- Remove covers and grates if you have them and clean.

Garbage Can

- Clean bin thoroughly inside and out. If your garbage can is inside a cabinet, clean out the cabinet as well.

Appliances

- Wipe inside and out of microwave
- Vacuum out the back of the refrigerator, including coils
- Clean oven.
- Clean Dishwasher.

Food Storage

- Clean out the refrigerator shelf by shelf. Toss any expired food and wipe shelves and drawers thoroughly.
- Remove food items from pantry. Throw out any expired food or items you no longer intend to use.
- Wipe off shelves and wash mats if you have them.

Windows

- Remove and wash any window treatments as necessary.
- Dust and wipe down blinds.
- Clean glass inside and out. Clean window tracks as well.

Flooring

- Sweep and mop the floor as needed.
- For a truly deep clean, consider moving the fridge and dishwasher or at least getting underneath it.
- Shake out or vacuum area rugs and wash if necessary.
- Clean stools or chairs if you have them.